

INSTRUCTIONS FOR SUBMISSION OF FECAL SPECIMENS

Michigan Department of Community Health

IMPORTANT: If the specimen container is received leaking, not properly labeled, test requisition not completed or specimen label does not match test requisition, the specimen will not be tested.

1. The kit you have consists of one or two tubes containing a liquid, which preserves the specimen for transport to the laboratory. **The liquids are poisonous.** Handle these tubes with caution, keep them out of the reach of children and do not drink the liquid.
2. Collect the feces as follows: **Do not pass the feces directly into the tube. Do not urinate on the feces or into the tube. Do not pass the feces into a toilet.** The stool (feces) should be passed into a clean, dry, container. Use a disposable, clean, dry, container such as a margarine tub, wide mouth jar, milk carton with the top cut off, or if available a bedpan.
3. Open the tube(s) one at a time. Using the collection spoon built into the lid of the tube, place small scoopfuls of the stool from areas, which appear bloody, slimy or watery into the tube until the contents of the tube, rise to the red line on the tube label. If the stool is formed (hard), try to sample small amounts from each end and the middle.
4. Twist the cap(s) on the tube(s) tightly to close, and shake the tube(s) vigorously until the contents are well mixed. Wash your hands, and then proceed as follows.
5. Place properly labeled tubes(s), **wrapped in absorbent material such as paper towel or tissue**, into plastic bag(s) provided and then place bag containing tube(s) into aluminum screw-capped can and secure cap.
6. Wrap **completed** test requisition around **outside** of aluminum screw-capped can.
7. Place aluminum can with **completed** test requisition into screw-capped cardboard container and **secure cap with tape**.
8. **Complete** and apply the orange, return address/diagnostic specimen label to cardboard container and ship by the most rapid and convenient means available (e.g., a courier, bus, U. S. Express mail etc.) to the laboratory.

NOTE: The shipper is responsible for being sure that their package is in compliance with the current shipping regulations.